

Laughter to De-stress

One-Liners

I don't suffer from insanity - I enjoy every minute of it

I used to have a handle on life - but mine broke.

You're just jealous because the voices only talk to me.

Earth is the insane asylum for the universe.

I am not a complete idiot, some parts are missing.

Out of my mind, back in five minutes. Stopped to think? And forgot to start again?

It is as bad as you think; they ARE out to get you.

I took an IQ test and the results were negative.

The trouble with life is...there's no background music.

Beauty is in the eye of the beer holder.

The gene pool could use a little chlorine.

"Women need a reason to have sex. Men just need a place."
- Billy Crystal

"If you can't beat them, arrange to have them beaten."
- George Carlin

"If life was fair, Elvis would be alive and all the impersonators would be dead." -Johnny Carson

"Sometimes I think war is God's way of teaching us geography."
- Paul Rodriguez

"Bigamy is having one wife too many. Monogamy is the same."
- Oscar Wilde

"Marriage is a great institution, but I'm not ready for an institution yet."
-Mae West

Whacky Definitions:

Arachnoleptic fit (n.) The frantic dance performed just after you've accidentally walked through a spider web.

Beelzebug (n.) Satan in the form of a mosquito that gets into your bedroom at 3 in the morning and cannot be cast out.

Bozone (n.) The substance surrounding stupid people that stops bright ideas from penetrating. The bozone layer, unfortunately, shows little sign of breaking down in the near future.

Cashtration (n.) The act of buying a house, which renders the subject financially impotent for an indefinite period.

Caterpallor (n.) The color you turn after finding half a grub in the fruit you're eating.

Decaflon (n.) The grueling event of getting through the day consuming only things that are good for you.

Dopelar Effect (n.) The tendency of stupid ideas to seem smarter when you come at them rapidly.

Extraterrestaurant (n.) An eating place where you feel you've been abducted and experimented upon. Also known as an E-T-ry.

Faunacated (adj.) How wildlife ends up when its environment is destroyed.

Hence faunacatering (v.), which has made a meal of many species.

Grantartica (n.) The cold, isolated place where art companies dwell without funding.

Hemaglobe (n.) The bloody state of the world.

Kinstirpation (n.) A painful inability to move relatives who come to visit.

Lullabuoy (n.) An idea that keeps floating into your head and prevents you from drifting off to sleep.

Reintarnation: (n) Coming back to life as a hillbilly.

Karmageddon: It's like, when everybody is sending off all these really bad vibes, right? And then, like, the Earth explodes and it's like a serious bummer.

Sarchasm: The gulf between the author of sarcastic wit and the recipient who doesn't get it.

Belly Laughs

"Relationships are hard. It's like a full time job, and we should treat it like one. If your boyfriend or girlfriend wants to leave you, they should give you two weeks' notice. There should be severance pay, and before they leave you, they should have to find you a temp."

- Bob Ettinger

"My Mom said she learned how to swim when someone took her out in the lake and threw her off the boat. I said, 'Mom, they weren't trying to teach you how to swim.'" - Paula Poundstone

"A study in the Washington Post says that women have better verbal skills than men. I just want to say to the authors of that study: Duh."

- Conan O'Brien

"Why does Sea World have a seafood restaurant?? I'm halfway through my fish-burger and I realize, Oh my God.... I could be eating a slow learner."

- Lynda Montgomery

"The day I worry about cleaning my house is the day Sears comes out with a ride-on vacuum cleaner." - Roseanne

"Suppose you were an idiot... And suppose you were a member of Congress...But I repeat myself." -Mark Twain

"In elementary school, in case of fire you have to line up quietly in a single file line from smallest to tallest. What is the logic? Do tall people burn slower?" - Warren Hutcherson

"Our bombs are smarter than the average high school student. At least they can find Kuwait." - A. Whitney Brown

"Ah, yes, divorce....., from the Latin word meaning to rip out a man's genitals through his wallet." - Robin Williams

"Women complain about premenstrual syndrome, but I think of it as the only time of the month that I can be myself." - Roseanne

"You can say any foolish thing to a dog, and the dog will give you a look that says, 'My God, you're right! I never would've thought of that!'"

-Dave Barry

"We have women in the military, but they don't put us in the front lines. They don't know if we can fight or if we can kill. I think we can. All the general has to do is walk over to the women and say, 'You see the enemy over there? They say you look fat in those uniforms.'" - Elayne Boosler

"When I die, I want to die like my grandfather who died peacefully in his sleep. Not screaming like all the passengers in his car". - Unknown

Adam and Eve had an ideal marriage. He didn't have to hear about all the men she could have married, and she didn't have to hear about the way his mother cooked.

A police recruit was asked during the exam, "What would you do if you had to arrest your own mother?" He said, "Call for backup."

A Sunday school teacher asked the children just before she dismissed them to go to church, "And why is it necessary to be quiet in church?" Annie replied, "Because people are sleeping."

A Sunday school teacher was discussing the Ten Commandments with her five and six year olds. After explaining the commandment to "honor thy father and thy mother," she asked "Is there a commandment that teaches us how to treat our brothers and sisters?" Without missing a beat one little boy answered, "Thou shall not kill."

A wise schoolteacher sends this note to all parents on the first day of school: "If you promise not to believe everything your child says happens at school, I'll promise not to believe everything he says happens at home."

GREAT TRUTHS ABOUT GROWING OLD

- Growing old is mandatory; growing up is optional.
- Insanity is my only means of relaxation.
- Forget the health food. I need all the preservatives I can get.
- You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- One of life's mysteries is how a two pound box of candy can make a person gain five pounds.
- God put me on earth to accomplish a certain number of things. Right now I am so far behind, I will live forever.
- I finally got my head together, and my body fell apart.
- There cannot be a crisis this week; my schedule is already full.
- Just when I was getting used to yesterday, along came today.
- Sometimes I think I understand everything, and then I regain consciousness.
- Seen it all, done it all, can't remember most of it.

Life at Full Circle

SUCCESS

At age 4, success is.....not peeing your pants.
At age 12, success is.....having friends.
At age 20, success is.....having sex.
At age 35, success is.....making money.
At age 60, success is.....having sex.
At age 70, success is.....having friends.
At age 80, success is.....not peeing your pants.

THE FOUR STAGES OF LIFE:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus.
- 4) You don't remember who you are?

Facts of Life

1. I can only please one person per day. Today is not your day. Tomorrow is not looking good either.
2. I love deadlines. I especially like the whooshing sound they make as they go flying by.
3. Tell me what you need, and I'll tell you how to get along without it.
4. Accept that some days you are the pigeon and some days the statue.
5. Needing someone is like needing a parachute. If he isn't there the first time, chances are you won't need him again.
6. I don't have an attitude problem, you have a perception problem.
7. My reality check bounced.
8. On the keyboard of life, always keep one finger on the escape key.
9. I don't suffer from stress. I'm a carrier.
10. You are slower than a herd of turtles stampeding through peanut butter.
11. Never argue with an idiot. They drag you down to their level, and then beat you with experience.
12. Don't be irreplaceable - if you can't be replaced, you can't be promoted.
13. The more junk you put up with, the more junk you are going to get.
14. You can go anywhere you want if you look serious and carry a clip board.
15. If it weren't for the last minute, nothing would get done.
16. When you don't know what to do, walk fast and look worried.
17. Following the rules will not get the job done.
18. When confronted by a difficult problem, you can solve it more easily by reducing it to the question, "How would the Lone Ranger handle this?"
19. Due to the never-ending workload, the light at the end of the tunnel has been turned off until further notice

Things to Remember

- Love is grand; divorce is at least a hundred grand.
- Time may be a great healer, but it's also a lousy beautician.
- Remember: amateurs built the ark, professionals built the Titanic.
- Talk is cheap because supply exceeds demand.
- Conscience is what hurts when everything else feels so good.
- An optimist thinks that this is the best possible world. A pessimist fears that this is true.
- Even if you are on the right track, you'll get run over if you just stand there.
- My inferiority complex is not as good as yours is.
- I'm having an out of money experience.
- It's frustrating when you know all the answers, but nobody bothers to ask you the questions.
- You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- Brain cells come and brain cells go, but fat cells live forever.

Why Did the Chicken Cross the Road?

PAT BUCHANAN

To steal a job from a decent, hardworking American.

GRANDPA

In my day, we didn't ask why the chicken crossed the road. Someone told us that the chicken crossed the road, and that was good enough for us.

FREUD

The fact that you are at all concerned that the chicken crossed the road reveals your underlying sexual insecurity.

BILL GATES

I have just released eChicken 98, which will not only cross roads, but will lay eggs, file your important documents, and balance your checkbook - and Internet Explorer is an inextricable part of eChicken.

EINSTEIN

Did the chicken really cross the road or did the road move beneath the chicken?

BILL CLINTON

I did not cross the road with THAT chicken. What do you mean by "chicken"? Could you please define "chicken"?

LOUIS FARRAKHAN

The road, you will see, represents the black man. The chicken crossed the black man in order to trample him and keep him down.