

Do you enjoy reading? Then think about asking some of your school nurse friends to start a book club. Just think of the possible outcomes ...

- **Increased advocacy of nurses**
- **Increased mental health awareness**
- **Increased cultural competencies**

If you need some help to get started please visit:

<http://lib.colostate.edu/writersontheplains/collaborate/reading.html>

Please do not limit your selection to the suggested books below.

A Bird's-Eye View of Life with ADD and ADHD: Advice From Young Survivors – A Survival Guide For Children and Teens, by Chris A. Ziegler Dendy and Alex Ziegler

“B” is for Balance-A Nurses Guide for Enjoying Life at Work and Home, by Sharon Weinstein

Born on a Blue Day-Inside the Extraordinary Mind of an Autistic Savant, by Daniel Tammet

Crazy: A Father's Search Through America's Mental Health Madness, by Pete Earley

Fast Food Nation: The Dark Side to the All-American Meal: by Eric Schlosser

Fat Girl, by Judith Moore

From Silence to Voice: What Nurses Know and Must Communicate to the Public , by Suzanne Gordon and Bernice Buresh

His Bright Light by Danielle Steele

Look Me In the Eye: My Life With Aspergers , by John Elder Robison

Making A Difference: Stories from the Point of Care, by Sharon Hadacek

Nightingales, by Gillian Gill

Nineteen Minutes, by Jodi Picoult

Nursing Against the Odds: How Healthcare Cost Cutting, Media Stereotypes, and Medical Hubris Undermine, Nurses and Patient Care , by Suzanne Gordon

Riding the Bus With My Sister, by Rachel Simon

The Curious Incident of the Dog in the Night Time , by Mark Haddon

The Glass Castle, by Jeanette Walls

The Hour I First Believed, by Wally Lamb

The Spirit Catches You and You Fall Down, by Anne Fadiman

Theirs is No Place for Hate, by Stafford

Transforming the Difficult Child , by Howard Glasser

When Parents Say No: Religious and Cultural Influences on Pediatric Healthcare Treatment, by Luanne Linnard-Palmer